

## healing people

True healing helps one reclaim his or her voice, power, authenticity, and inherent goodness.

At Kavod Center, we help men and women discern the issues that stand in the way of reclaiming their wholeness. We offer a comfortable, safe, and confidential environment that encourages individuals and couples to approach this work with consistency, passion, and meaning.

## transforming relationships

Couples that let go of what no longer works in their relationship are able to make room for new and better things, and can heal most any wound.

At Kavod Center, we help partners move past fear, anger, blame and shame to a place of love and respect. Once partners are able to make each other feel heard and more secure, the work of cultivating a stronger, healthier relationship based in truth and trust begins.

trust kavod center

to help you get past the struggle  
and on to the healing.

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the journey from I to WE

**starts here**



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*Healthy Relationships, Intimacy, and Sexuality*

## nothing is taboo here

When it comes to relationships, intimacy, and sexuality, everyone faces bumps in the road, but not everyone talks about them.

### *Is it time for you to break the silence?*

Kavod Center has compassionate therapists with decades of experience helping people heal so that they can feel whole again. We treat a range of issues, along with the trauma left behind, including:

- Poor communication
- Lack of trust
- Loveless, sexless relationship
- Infidelity or betrayal
- Excessive use of porn or social media
- Emotional distance or indifference
- Work and money issues
- Love and relationship addiction
- Workplace sexual boundary violations
- Anonymous or paid sexual hook-ups

### *what's come between you?*

If it's *infidelity* or the excessive use of *pornography*, couples therapy at Kavod Center is the place to address the betrayal, as well as the underlying issues that stand between you and a more fulfilling relationship.

Or maybe you fantasize about sex and love so much that it gets in the way of being present for or intimate with your partner, or hinders your ability to meet the everyday obligations of family, work, and life. This could indicate the presence of addiction in your relationship. Kavod Center's experienced Certified Sexual Addiction Therapists (CSATs) support the rigorous work and commitment needed to achieve a thorough and lasting recovery.

### *healing for PTSD or partner trauma*

Trauma comes in many forms, including abuse, neglect or betrayal. Left untreated, trauma will wreak havoc on you and undermine your most important and loving relationships.

Kavod Center offers a variety of treatment approaches to address the trauma source, as well as helping you learn ways to calm and center yourself without depending on unhealthy relationships, substances or behaviors. With a self-care regimen and healthy boundaries, it becomes possible to move beyond the trauma and heal, once and for all.

### *our methods*

- Individual, couples, and group therapy rooted in the *30 Tasks of Recovery Model* by Patrick Carnes, PhD
- Dialectical Behavior Therapy
- Cognitive Behavioral Approach
- EMDR Trauma Treatment
- Art and Movement Therapy
- Sex Therapy
- 12-step support
- Wellness care
- Psycho-educational groups for specific diagnoses
- Intensives and workshops for couples, partners, family members

### *a unique culture of support for you*

**Unburden yourself.** You can trust Kavod Center to guide, challenge, and support you throughout your healing process, giving you the freedom to fully disclose your truth in a safe space.

**Learn from the best.** You have access to the latest and most professional treatment available, close to home. Our team is on the forefront of relationship, intimacy, sexuality, and trauma treatment models. In addition, our founders share their expertise internationally, develop professional tools for therapists, and supervise other therapists.

**Connect with others.** Kavod Center facilitates therapy groups for individuals and couples who are on the same journey, so that you have a circle of support. Being around others who understand you

### *contact kavod center today (585) 546-5180*

If you want to learn how to bring true intimacy into your life so that you can heal and rebuild your relationships, trust Kavod Center to help you find your way home. *Make a confidential inquiry today.*



we understand